

BAR HILL NEWS

August 2018; Issue 595

CAMBRIDGE PINKS – BREAST CANCER NOW REGIONAL GROUP

Cambridge Pinks is the regional group for Breast Cancer Now.

Breast Cancer Now's wear it pink event will be on Friday 19th October. You can get your participation pack from <http://wearitpink.org/signup>

On Sunday 4th November we will be walking the tow path from Milton to Waterbeach, if you would like to join in, email Avril at avrilwilliams04@gmail.com to receive your registration pack. We hope to see lots of pink outfits on our third walk to support Breast Cancer Now.

If you would like to get involved in fundraising for Breast Cancer Now then please do get in touch. If you would like to find out more about Breast Cancer Now and how your donations will be used then visit our website www.breastcancernow.org

Breast Cancer Now's mission is to fund innovative world class research into Breast Cancer. Here in Cambridge Breast Cancer Now is funding researchers who are learning about the genetics of breast cancer and finding new genes involved.

Avril Williams

Cambridge Pinks – Breast Cancer Now Volunteer Group
We believe that, by 2050, breast cancer will have taken its last life – but only if we all act now.

Breast Cancer Now is a charity registered in England & Wales (No.1160558) and Scotland (No. SC045584) and is a company limited by guarantee (CRN: 09347608). A list of the directors is available from the registered office - Breast Cancer Now, Fifth Floor Ibex House, 42-47 Minories, London, EC3N 1DY.

– PARISH COUNCIL WEBSITE –

This is now available on www.barhillpc.org.uk

Lots of information and minutes of meetings.

Please contact the Clerk with any questions or suggestions.

– NEIGHBOURHOOD WATCH –

Your Village needs you!



Do you appreciate that Bar Hill has relatively low crime figures? But do you also acknowledge that even just one crime can be distressing to the victim?

If so, could you be the new

Neighbourhood Watch Village Coordinator? You would be free to develop the role as you wish but it could include such things as coordinating communication with, and joint activities between, Street Coordinators, and liaising with the police. If you are interested or want to know more, please email nhwinbarhill@yahoo.co.uk

Meanwhile, individual Street Coordinators are continuing their role as usual.

RSPB FEN DRAYTON LAKES SPECIAL EVENTS 2018

Explore and discover nature at our reserve!

We are running the following exciting activities at our reserve during the summer and latter half of the year:

Wild Challenge – Thurs 2, 9, 16 Aug, Sun 19 Aug, Thurs 23, 30 Aug from 10am–4pm

Try a wild challenge activity such as wild flower foray, feed the birds, tracks and signs, bug safari, go birdwatching. Do a different challenge every week in the school hols.

No booking required, just turn up! Non-member £2, RSPB member £1.50

Willow weaving workshops – Sun 29 Sep from 10am–4pm

Make a handy basket from willow harvested here at the reserve.

Sun 9 Dec – 10am–4pm

Get creative in time for Christmas and make your very own decoration.

Booking required. Non-member £25, RSPB member £20.

Stargazing – Sat 22 Sep from 8–9.30pm

Join experts from the Institute of Astronomy and the Cambridge Astronomical Association on a stargazing evening at the lakes!

Booking required: Non-member: £10, RSPB member: £8.

For bookings, please call on 01954 233260 or email fendraytonlakes@rspb.org.uk to reserve your place.

W: rspb.org.uk/fendraytonlakes

SING IT OUT

– COMMUNITY CHOIR –

restarts Monday 3rd September
from 7.30–8.30pm in the Octagon.

If you enjoy singing popular songs/musicals then you will be very welcome to join us.

If you need more info please e-mail Mel Stamp at singitout@virginmedia.com.

AVAILABLE FREE

Office desk and chair. Free if can be collected.

Ring 01954 781696

– NEIGHBOURHOOD WATCH –

Helping to build stronger communities where crime and antisocial behaviour are less likely to happen. nhwinbarhill@yahoo.co.uk

Remember:

999 where a crime is in progress or life is in danger.

101 to report ALL suspicions or concerns, for advice, or to report a crime that has already happened.

*Deadline for September's edition: 15th August to bhneditor@yahoo.com
or see page 2 for other contacts.*

— BAR HILL RESIDENTS' ASSOCIATION —

2017-18 COMMITTEE:

Chair	Roger Hall	01954 780304	
Vice chair	Kate DaCosta		
Secretary	Anil Pallan	01954 782736	
Treasurer	Ann Bensted		ab10034@cam.ac.uk
Data Protection Officer	Richard Hayden	07775 731814	rxh321@gmail.com
Other Committee members:	Mike Nelson		mike@machineconcepts.co.uk
	Jo Hall	01954 780304	
	Hilary Whipp		hilary.whipp1@gmail.com
	Karen Hayden		kfmh123@gmail.com
	Laura Chapman		laura.katy.foster@gmail.com
	Amber Neale		amberscott2015@gmail.com

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com
Advertising Coordinator:	Bunty Waters	01954 201421

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm – 9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm – 6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell after the first time.] All items can be submitted electronically on disk or to bhneditor@yahoo.com [a Word file is best, please] or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: 01954 780442

www.mhmaple.co.uk

Out of Hours Emergencies call 111
(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday 8am – 6.30pm

On the day appointments: bookable by phone at 8.30am.

Midwife Thursday 9.30am–12.30pm

Podiatrist Wed. & Friday 8.45am–12 noon
and 1.00–4.00pm

Orthoptist 2nd Tues/month 9.00am–12.30pm

Cambs Hearing Help 4th Tues/month 9.30–11.30am

Health Visitors (based at Longstanton): 01954 207612

Well Child Clinics: 3rd Tues/month 1.00–2.30pm
at the Children's Centre, Bar Hill (next to Primary School).

— BAR HILL HEALTH WALKS —

Free every Wednesday morning

Meet at Maple Surgery at 10.30am

Our walks are all weather (in case of rain you will find us under the Church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: Josephine Powell T: 07901 558108;

E: jopowell45@hotmail.com or Patricia Daniels

T: 07917 874402; E: danielsoohn@btinternet.com.

— WANTED —

Bar Hill School would like: tissue paper; Playdough; stencils; pencils; crayons; cotton wool; train sets; water toys; buckets and spades; musical instruments and children's books in good condition.

If anybody has any of these they wish to donate, please get in touch with Jo Hall, 11 Almond Grove, tel. 01954 780304 or e-mail roger.hall@ntlworld.com.

SUMMIT LANDSCAPES



• Paving • Driveways • Brickwork •
• Carpentry • Groundworks • T: 01223 929394;
www.landscapingpaving.co.uk

BICYCLE REPAIRS & SERVICING – 07914 655086

— NWR —

**CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING
AND TALK ABOUT ANYTHING**



NWR is a national women's organisation with members who enjoy lively conversations both serious and light-hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings.

We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

2nd August What's in the news – bring a newspaper cutting and discuss with the group.

16th August Biscuits and their history – research a famous biscuit manufacturer, popularity of types of biscuits and bring a sample of your favourite.

30th August Do you want to live to be 100? – advantages and disadvantages of ageing. Numbered debate then followed by a discussion of the points raised.

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £23 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-Thérèse Last on 01954 780329 or Bobby Colver on 01954 781662.

NWR can also be found on www.nwr.org.uk.

Why not have a look!

**THE ROYAL BRITISH LEGION,
— BAR HILL BRANCH —**

The Royal British Legion Bar Hill Branch meets on the 4th Thursday of each month in The Community Room at Tesco at 7.30pm.

We are a small friendly group of like-minded people. To join you don't have to have an Armed Forces background, just share a common cause of supporting our Service community, now and for the rest of their lives.

If you are interested in coming along, please contact Wendy Arrowsmith, Branch Secretary, on 01954 781381 or Malcolm Cox, Chairman, on 01954 488657.

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school at 8pm. The cost is £10 for the year plus 50p each month to cover the raffle and coffee.

We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal. Our upcoming meetings are as follows:-

2 August – No meeting – school closed

6 September – Enrolment evening

4 October – Geoff Lambert – Update on Medical Detection Dogs

1 November – Malcolm Busby – Ghostly Tales

6 December – Christmas meal – members only

If you'd like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings. We'd be very pleased to meet you.

— HAPPY HOURS —

Our Club meets on most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm with coffee, tea and light lunches. Our Summer lunch menu consists of salads (cheese, salmon or the weekly special which could be ham, corn beef, pork pie or quiche) or a ploughman's lunch (all at £2.30 each). Our aim is to provide friendship and companionship so why not come along and give us a try. You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

On the 23rd June we ran a tombola stall and book sale in Tesco and raised £351 for the club. Thanks to Tesco, everyone who donated items and to everyone who took part.

The Marie Curie Tea Party held on the 16th July raised just over £305.

Coming up...

6th August: "A Day at the Seaside" (well kind of!!)

13th, 20th and 27th August: NO CLUB

3rd September: Happy Hours restarts after summer break

Anne Plumb, 01954 780364

**MARIE CURIE BLOOMING GREAT
TEA PARTY**



The Tea Party held on the 16th July was a great success and raised just over £305.

Thanks to Tesco for supplying the jam and cream and everyone who donated cakes and items for the raffle. Special thanks to Joan Tanton for her wonderful scones. Thanks to everyone who came along to enjoy the cream teas and cakes and support this great cause.

— BAR HILL BOOK CLUB —

Meeting on Tuesday 21st August at 7.30pm in Bar Hill Sports & Social Club, The Spinney, Bar Hill.

Please join our friendly group, we offer a lovely welcome, good company and great book choices.

Let me know if you would like to join us and I will arrange a warm welcome.

sheilafrarr@hotmail.co.uk or tel/text: 07920 558319

— HEALTH AND WELLBEING CLUB —

Held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on aspects of promoting and maintaining good health in every area. We start with a chair based exercise activity followed by advice from Tesco's departments.

This is a unique and friendly group and is an ideal place to meet new people.

Next meetings: 14th August.

For further information, contact Wendy Arrowsmith on 01954 781381.

Bar Hill Bar Hill Community Primary School
Bar Hill CB23 8DY
Tel: 01954 273305
Fax: 01954 273306
Email: office@barhill.cambs.sch.co.uk
Website: www.barhillschool.co.uk

School

Artsmark at Bar Hill Primary
Two of our teachers, Mrs Wright and Mrs Russell, organised many events across the school to celebrate our music and arts. This included a special steel pan drumming assembly followed by workshops for KS2 classes. Our KS1 classes enjoyed dance workshops which were followed by a dance assembly which reception enjoyed too. Also, every child in school has taken part in the creation of a new art mural which will be on display outside the office in the weeks ahead. It celebrates our school being 50 years old, the local landscape, our diverse community and the aspirations our children have for future careers.

Reporter Imogen Smith – Year 5

On Friday we had someone come in to tell us about a Steel Pan Drums and that they play different tunes. You have to hold the sticks loose because if you hold the sticks tightly then you don't get any sound come out. I really enjoyed the music.



Mrs J Quinn, Headteacher

FOR SALE

Complete Golf Set and Caddy: £100 ono
4 Fishing Rod. Fibre glass 3 real: £80 ono
Phone: 07397 347533

UPCOMING MEETINGS re 2019 FÊTE

All meetings start at 7.30pm in the Social Club:

12th September
14th November
9th January 2019
13th March
10th April
8th May
12th June

Please do come along and help make the Fête a community event to be proud of. A little of your time could be invaluable; there are jobs as small as putting out cones or putting up posters, to big jobs like coordinating bookings. There's something to suit all levels of expertise and time.
Please help bring the community spirit back to Bar Hill!

— BAR HILL CRICKET CLUB —



The cricket and football clubs are holding a major fundraising event on Saturday 11th August, when there will be a race night at the social club. Entry is free, with proceeds from betting being split between the two clubs. The fun starts from 7.30pm.

It's been a busy period on the pitch with league and youth fixtures plus youth training sessions.

The adult team are unfortunately struggling in a higher division, but there have been some good individual performances, including almost forcing a first victory, against Milton seconds.

That match saw Peter Stockton make 39 and James Barclay 38, and James Neal taking 3 for 23 with the ball.

Other notable scores were Phil Orvis hitting 52 not out against Newton, and Sam Clare making 38 in an earlier match against Milton seconds.

The midweek league team did pick up their first win of the season, against Waterbeach, Scott Underhay top-scoring with 24 not out as Bar Hill won by 37 runs.

Ash Curry was top scorer with 25 not out in the defeat by Royal Society of Chemistry.

We've regularly had more than 20 youngsters at the village green on Wednesday nights for the training sessions led by our Youth Coach Dave Allsopp and the rapid improvement in the players' skills has been amazing to see.

The older players have already played several matches and are doing well against opponents who are often older and more experienced.

The training sessions will continue through August – at 6pm on Wednesdays – subject to demand. Check our website for details.

If you get an early delivery of the Bar Hill News, look out for the Fred Styles Memorial Match, which also features a parents versus youth match, on Sunday July 29th.

Anyone interested in playing for the club in any form of cricket, please contact me on the number below. For more information about the club, visit www.barhillcricket.org.uk

Remaining fixtures

Saturday 4th August: Bassingbourn (A, league)
Saturday 11th August: Cambridge St Giles (H, league)
Saturday 18th August: Histon III (H, league)
Saturday 25th August: Haslingfield (H, league)
Saturday 8th September: Madingley II (A, league)

Paul Stimpson, 01954 201212



BAR HILL FOOTBALL PROJECT

3G Astro facility available for hire in Bar Hill.

For more details contact Julie Marin,

Bookings Secretary, 01954 781838 or 07770 687437

ARTHUR RANK HOSPICE CHARITY

Make a will... throughout October 2018

Have you got round to making or updating your Will?
Now's the time!

Local solicitors and will writers are kindly donating their time to write or update a standard Will in return for a donation to Arthur Rank Hospice.

Make a will to make sure those you care about most are provided for – it's easier than you think.

For more details: visit <http://www.arhc.org.uk/>

[Makeawill.asp](#); E: lucy.day@arhc.org.uk; T: 01223 675881

Registered Charity No. 1133354

— BAR HILL PARISH COUNCIL —



Sue Bell, Parish Clerk: 01954 780456

e-mail: clerk@barhillpc.org.uk

Please note that the office is normally open to residents between 10am and 12noon, Monday to Wednesday.

Our new website is open: www.barhillpc.org.uk

Village Litterpick is being arranged for September, provisionally Saturday 29th September. Further details will be published on the noticeboard, website and the next edition of the Bar Hill News

We are very pleased to welcome three new Councillors who attended their first meeting in July: Neeraja Anantha, Malcolm Ewles, Martin Vinnell. Our fourth vacancy will be filled by co-option at our July meeting. We also welcome a new member of staff to help in the office for a few hours on a Monday, Tuesday and Wednesday morning.

Contractors will be returning mid-July to assess and make recommendations to deal with the water on the Village Green that has been extremely slow to drain since heavy rainfall earlier in the year. Tree and shrub works for the whole village will be assessed, together with a survey, during August/September and an autumn programme of works drawn up for implementation over Autumn and Winter. Please could residents check the other side of their boundary fence to make sure it is clear of vegetation encroaching/overhanging footways. Where boundaries meet with Council open green spaces, please keep clear so that it doesn't impede mowing and strimming.

Dog fouling: please could dog owners ensure that they clear up after their pets, wherever it is.

Barking dogs day and night: — are a cause for concern for neighbours, please ensure your dog is not causing this nuisance.

Anyone feeding birds, please could you ensure the food is kept within the curtilage of your own property and in a manner so as not to encourage unwanted wildlife nuisance to neighbouring residents.

We have noticed that graffiti artists are still using our street furniture. We are monitoring this; as mentioned in our news column last month, any help anyone can give in identifying these people so that information can be passed to the Police would be much appreciated.

As usual the Council will be in recess during August for the holiday season. However, for anyone with urgent matters please email: clerk@barhillc.org.uk; T: 01954 780456 (answerphone) or very urgent matters, contact the Chair, Bunty Waters, on 01954 201421.

Our normal opening hours are Monday to Wednesday 10am to 12 noon. The Environment and Amenities Committee next meets on 5th September 2018. Full Council will meet Thursday 20th September 2018. All meetings start at 7pm and are open to the public. Details are posted in the office windows.

Finally we wish everyone a very happy holiday season. We are arranging for the Connections Bus to come in on Wednesdays 4pm to 6pm at the Village Hall car park for youngsters.

S DYE

For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484.

Handy telephone numbers/contact details:

Cambs County Council: Births, deaths and marriages; buses; consumer protection; education; libraries; public health; recycling and waste; roads and highways; social care; street lighting; trading standards; transport and travel. Tel 01223 717111

South Cambs District Council: Building control; business rates; car parks; council tax; elections and voter registrations; environmental health; housing and homelessness; leisure centres; licensing; pest control; planning; refuse/bin collection; street cleaning Tel 03450 450500 <https://www.cambridgeshire.gov.uk/council/contact-us/not-sure-which-council-to-contact/>

To report issues on footpaths, public rights of way, and roads <https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults>. Tel 01223 717111

Streetlight maintenance <http://www.lightingcambridgeshire.com/contact-us/report-fault.htm> or enquiries@lightingcambridgeshire.com Tel 0800 7838 247. You will need to give the number on the lamp post

Cambridge Water Company (water supply)

<http://www.cambridge-water.co.uk> Tel 0800 316 7676

Anglian Water (waste water)

<http://www.anglianwater.co.uk/> Tel 0800 145 145



www.connectionsbusproject.org.uk

01223 232978

Summer 2018 Youth Club on a Bus

Free entry to all in Year 7 (Sept) and above

Bar Hill Village Hall Car Park

Wednesdays 4-6pm from 25 July – 29 August 2018

Sports

Music

Internet

Tuck-Shop

xBox 360

Information

PS3

Advice

Karaoke

Crafts

Supported and funded by your Parish Council

PIANO LESSONS

For children and adults in Bar Hill. If you would like to learn / improve your piano skills, I have some spare places on Tuesdays (between 3.00–5.00pm)

Please email me on colmelmatttdan@ntlworld.com or phone 01954 203554 for more details.

BAR HILL COMMUNITY CAR SCHEME

A Voluntary Car Scheme for residents of Bar Hill.

We are now recruiting volunteer drivers – do you have a few hours to spare now and again?

We need your help to provide this valuable service for those who do not have the use of a car and struggle with transport.

For more information, please contact the Car Scheme Coordinator – Russell Brown on 07496 465330.

— Bar Hill Church —

Services during August

Sunday 5 August 10:00 am Holy Communion (Anglican)

6:00 pm Informal Worship

Sunday 12 August 10:00 am All-Together Worship

Sunday 19 August 10:00 am Holy Communion (Reformed)

Sunday 26 August 10:00 am Morning Worship



Social Calendar for August

Olive Tree Coffee Morning Saturday 25 August 10:30 - 11:30 am in the Meetings Room

(please note the change of date)

Knit & Natter Picnic/Garden Party Saturday 11 August (contact Sue 01954 780260)

Coffee Stop every Wednesday 10 am - noon in the Library (contact Sue 01954 780260)

Art Group every Wednesday 1:30 - 4:00 pm in the Octagon (contact Jan 01954 201495)

Church Contacts

Church Office Linda King 01954 206120 office@barhillchurch.org.uk

Minister Rev. Charles Mather 01954 277119 charlesmather20@yahoo.com

Address Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH

Website <http://barhillchurch.org.uk> Facebook <https://facebook.com/barhillchurch>

Church Website

Our website (address above) has undergone an extensive redesign. Please note that the home page is

<http://barhillchurch.org.uk> (<http://barhillchurch.org.uk/index.html> will no longer work).

— RESIDENTS' ASSOCIATION —



Interested persons are always welcome at Residents' Association meetings. They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meeting: 4th September.

BAR HILL, A SOCIAL HISTORY, 1949-2004

by Roger Hall.

Copies are still available, priced £10.00, from Roger Hall, 11 Almond Grove, tel. 01954 80304 or 07986 415244, or email roger.hall90@ntlworld.com.

HONEYBEES FENCING COMPANY

7-day call out for wind damage.

Please contact Lee on 07704 474222;

or: leehoneybourne406@btinternet.com

AT HALF PRICE

Brand new BATHMATE CHAIR, as advertised by CARE Co.

Please phone 01954 789243 evening and weekends

— Bar Hill Church —

Bring-your-own Craft Group

Join us as we meet once a month on a fourth Saturday

in the Octagon from 2.15 – 4.30 pm.

We bring along our own crafts

& share crafting tips with one another.

There are light refreshments available,
and this makes for a relaxing afternoon.

In November we have a Christmas Craft Day,

where we create Christmas craft items and have lunch together.

For more information contact Karen Austen on 01954 781085



— Catholic Church —

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill

Hills Road, Cambridge

Parish Priest: Rt. Rev. Mgr Eugene Canon Harkness

Tel: 01223 350787

Local contact: Bunty Waters

Tel: 01954 201421

Mon., Weds., Thurs., Friday

8am & 12.15pm

Tuesday

8am & 7.30pm

Saturday

6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at
Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation

8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday

6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly
newsletter available at the 6pm Mass each Saturday.

Copies are also available in the Church Centre.

Home Visits

I am happy to bring communion to house bound Catholics. I
also visit people at the end of their lives, of any religion or
none, who would welcome support or are distressed
spiritually.

Contact Jean: 07841 397338, Catholic Eucharistic Minister.
Associate Member of the Hospice Chaplaincy Team.

PLAYPALS BABY AND TODDLER GROUP

Meet Wednesdays and Fridays*

At Bar Hill Church Octagon

9.45–11.15 am

*Term-time

Under 1s £1.50; Over 1s £2.50; Family £3.50.

Your first session free!

Can you help? We are looking for kitchen volunteers to give
an hour of time during our sessions to help prepare snacks
and drinks. If you are interested please contact:

helen.j.bishop@gmail.com

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.



During the week we have the following groups and clubs:

Mon. (TTO)	Helene's School of Dance	4-6pm
	Craig Burns Boot Camp	6.15-7.15pm
(TTO)	Pilates	7.15-8.15pm
Tue. (TTO)	Over 50's Dance Class	2-3pm
	Shotokan Karate	6-8pm
Wed. (TTO)	Helene's School of Dance	4.30-6.45pm
	Clubbercise with Marilyn	7.15-8.15pm
Thur. (TTO)	Pilates	10-11am
	Little Kickers	1.45-2.45pm
	Little Kickers	3.30-4.30pm
	Weight Watchers	7-8pm
Fri.	Martial Arts	6-8pm
Sun.	Bingo	7-9.30pm

(TTO) Term Time only

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

— VOLUNTEERING —

Ever considered volunteering? Do you have 3 hours to spare once a week?

At Cambridge University Hospital (Addenbrooke's and the Rosie) volunteering is a long established part of hospital life. With a variety of different roles on offer there is bound to be something that suits you.

Some of the many benefits of becoming a volunteer with us include:

- A great way to meet people;
- An opportunity to help those in need without requiring any specific skills (All our volunteers have patient facing roles);
- Ongoing support through mentoring, training, forums, newsletters and social functions;
- A great way to keep fit (we have roles to suit many levels of fitness);
- Use of the on-site sports and leisure centre at staff rates (including large swimming pool) and other benefits.

Find out more information on our website:

<https://www.volunteering.cuh.org.uk/> or give us a call on 01223 254663.

We would love to hear from you.

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles, cribbage, or enjoy a drink in our quiet lounge bar.



Weekend staff required – great rates of pay.

A freshly cooked Sunday roast is available every other Sunday, please pre-book. Non-members are welcome – just give us a call 01954 781881.

What's on...

4th Aug. 80's Disco night from 8pm.

Treasure chest members draw too.

11th Aug. Dog racing night in aid of the Youth Cricket Club.

1st Sept. 40th anniversary Fun Day 1pm-late, kids activities, live music, food, beer festival and lots more.

30th Nov. – 2nd Dec. – Weekend away to Lille and Brugge for the Christmas market. £138 per person, £25 deposit. Limited spaces, book now to avoid disappointment – open to non-members. More info and booking forms from the bar.

Not a Member?

Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form.

For further information, including opening times, visit our website: www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

Sarah Whitfield, Entertainment Co-ordinator BHSSC

BREEZE RIDE

Calling all female cyclists... including those who would like to start cycling!

I have become a Breeze Ride Leader and am starting to lead some rides from Dry Drayton and the surrounding area, often we will start at The Black Horse.

I will lead a mix of rides including beginner ones but I need to know if people are interested.

I currently ride with a group called Duxford Breeze Sassy Lassies Cycling and you can join our Facebook group to find out more <https://www.facebook.com/groups/370826133254040/> or register on the Breeze website <https://www.letsride.co.uk/breeze> or email me at Claire_thorby@btinternet.com

DRY DRAYTON WOMEN'S INSTITUTE

Our W.I. meets at 2.30pm on the second Tuesday of every month in the Village Hall, High Street, Dry Drayton.

Our future programme is:

14th Aug. Afternoon tea for members;

11th Sept. Dr Tim Wreghitt – making a stand for Chelsea;

9th Oct. Mrs Charlotte Homent – how to protect yourself against scams;

13th Nov. Mr Rex Freeman – England our England – songs and words;

11th Dec. Christmas meal for members.

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Surgeries closed on **Monday 27th August**.

Normal opening Tuesday 28th August

Sun protection – Sunburn increases your risk of skin cancer. It doesn't just happen on holiday – you can burn in the UK, even when it's cloudy. There's no safe or healthy way to get a tan. Don't rely on sunscreen alone to protect you. Wear suitable clothing and spend time in the shade when the sun's at its hottest between 11am–3pm. Everyone who's exposed to UV light is at risk of getting sunburn, but some are more vulnerable than others. Snow, sand, concrete and water can reflect the sun's rays on to your skin, and the sun is more intense at high altitudes.

For further information visit www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/

Do you want to have your say? Our Patient Participation Group (PPG) will be meeting at Willingham Medical Practice on Thursday 20th Sept from 1.15–3.15pm. If you want to get involved with important issues concerning the practice, please feel free to join us. Contact the Practice Manager for further details.

Pharmacy at Willingham Surgery – can help with many of your travel essentials, so pop in for some free advice and get stocked up for the summer.

Carers Support Meetings – please note there will not be a carers meeting in August due to annual leave. Our next meetings at Willingham Surgery: Wednesdays 5th September and 3rd October. If you are a carer, please pop along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely FREE!

Cambridgeshire Hearing Clinics – at Willingham Surgery: 15th August, 19th September & 17th October. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Missed appointments – in May there were 95 missed GP appointments in Willingham Surgery. This equates to 19.5 hours in consultation time lost. Please cancel your appointment if it is no longer required so we can offer it to someone else.

A&E is not an alternative to a GP appointment. If we are closed, please call 111, who will give advice and direct you to the most suitable local service.

Sharon Unwin, Practice Manager

— DISTRICT COUNCILLOR NOTES —

Parklife – I hope all of you who went to Parklife on 1st July at Milton County Park, enjoyed the free day out, it really was full of activities for children, and adults too, please let me know what you enjoyed!

Recycling – I picked up a couple of kitchen caddies at Parklife which I have here if anyone would like to have one, they are free, please give me a call. I can also collect a caddy from Cambourne which is free, you need a Bar Hill postcode, and some food waste bags which are three pounds for 50, very good value and very good bags.

Homeless Families – more than 200 families were prevented from becoming homeless last year, thanks to South Cambridgeshire District Council's housing team. Residents are being reminded that the sooner they ask the authority for help with housing-related issues, the more options the Council has to help people.

SCDC is part of a rent solutions service with other local Councils, which offers specialist assistance and advice to agents, landlords and tenants. This can include assistance with issues such as debt problems leading to rent arrears and property repairs and maintenance.

New legislation introduced in April this year places a legal duty on Councils to prevent homelessness. Housing bosses have added that, with a strong prevention ethos, South Cambridgeshire District Council is well geared-up for this new approach. For every household facing the prospect of homelessness, a personal housing plan is agreed which includes tasks for both the family and Council to carry out so people are given the best possible chance to keep a roof over their head.

South Cambs in the top three for Council Tax Collections out of 326 Councils! Our finance bosses have thanked residents, businesses and revenues staff after the authority secured another top table position in the Council Tax collection league. It collected 99.3% of the expected funds in the last 12 months – an almost identical figure to the previous year.

Overall, £107 million in Council Tax was due to be collected by the Council on behalf of itself, Cambridgeshire County Council, the Police and Crime Commissioner's office, Fire Authority and parish councils.

The data also shows that Business Rate collection in South Cambridgeshire was 99.4% – again, a very similar figure to last year.

Council Meeting – you are always welcome at Council meetings to see how your Council deals with business. Please contact me on 01954 201421 or 07734 690580 or just email: bunty.waters@ntlworld.com, if I can help in any way, or collect a recycling caddy for you.

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— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place.

We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly and inviting 'Little Bunnies' sessions on Tuesday and Thursday mornings from 9.45–11.15am in the Octagon, term time only – (£1.50 for one child under one, £2.50 for one child over one and £3 for 2 or more children). Here we offer a wide range of sensory experiences, activities, stories, singing and more... These sessions are not only for Childminders but also for any children aged 0–5 years and their parents/carers to attend – so come along and join us!

Government Funding for 3 and 4 year olds (15–30 hours per week) – 'Universal' and 'Extended'. Some of our Childminders are now registered to offer Government Funded places for children aged 3 & 4 years old (+ qualifying 2 year olds). The Funded hours each week can be shared between a Childminder and your child's Pre-school and/or Nursery. Below is a list of our Childminders – those who offer Government Funding have a letter 'F' before their name:

F	Kirsty	07584 168909
F	Jacky	07718 447998
F	Janine	07879 613731 – spaces from September
F	Melanie	01954 204496 – spaces
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A Tale of Trees, the Battle to Save Britain's Ancient Woodland

We invite you to this presentation on ancient woodlands on Wednesday 10th October 2018 at 7.30pm, at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB. Our speaker will be Derek Niemann, a renowned nature writer and Guardian country diarist, who will look at how the destruction of up to half of the county's mature trees happened 40 years ago and will explain what has been done in recent years to ameliorate their loss.

These should be fascinating and stimulating talks and anyone who is interested is most welcome to attend. Booking is not necessary. The entrance charge is £2.50 (accompanied children free). For more information on either of these, please contact

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Sarah Rivers, Commissioner

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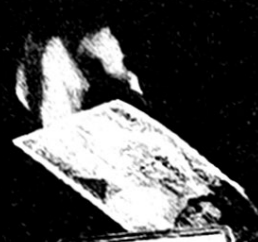
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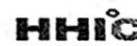


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BAR HILL COLTS FC - PRESENTATION DAY

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U7 - Jets	Freddie Pope	Aaron Smith	Jay Tan					
U8 - Giants	James Flack				Dylan Gul			Jay Fulcher
U11 - Tornado Whites	Theo Goddard	Isaac Weeks	Taylor Philips	Toby Saunders	Luke Chamberlain	Dylan Furber		
U11 - Tornado Blues		Max Tryer	Adrian Pawling					
U12 - Blades	Katie Parker	Max Hilsden			Ben Brumpton		Katie Parker	
U15 - Foxes	Ollie Sargent	Joe Playle					Christian Norman	

Players Wanted

Bar Hill U11 Whites are looking for more players to join the team. If your son or daughter is age 10 or school Y6, please contact Ewan Chamberlain on 07734 812719 for further information.

— COMBERTON RAMBLERS CLUB —

The Comberton Ramblers Club walk on alternative Sundays. Our Autumn 2018 Walk Programme starts on:

2nd September: St Ives, Cambs;

16th September: Cavendish, Suffolk.

All walks start at 10.15am and are from 5-7 miles, usually ending near a public house.

We are a friendly and informative group who enjoy exploring the varied countryside in this area.

New walkers are welcome to join us with up to 2 free walks, and if you enjoy our walks we request that you become a member.

For further information please contact Stella on:

T: 01954 210049; E: stella.ramblers@hotmail.com; or go to:

www.combertonramblers.org.uk

...interesting fact...

There is an ATM at McMurdo Station in Antarctica, which has a winter population of 200.

BRIDGE THE GAP WILL TAKE A WALK ON THE WILD SIDE THIS YEAR, WITH THE UNIVERSITY OF CAMBRIDGE'S MUSEUM OF ZOOLOGY

Bridge the Gap charity walk sponsored by Cambridge Building Society, was launched at Emmanuel College in July. The College is one of six highlights which will be featured on the famed annual walk on Sunday 9th September.

In its 17th year, Bridge the Gap starts from Parker's Piece and will additionally meander through Christ's College, Sidney Sussex College, St Catharine's College and Pembroke College as well as pausing for walkers to enjoy an eagerly anticipated opportunity to see inside the Museum of Zoology. The addition of this captivating museum will be a real highlight for walkers, as they stroll the route, with the Society of Cambridge Tourist Guides also on hand throughout with further information about their stunning grounds and features.

Sign up at <http://www.arhc.org.uk/BTG> (online registration available until 1pm on Friday 7th September), call

01223 675888, or pick up a registration form in person from Romsey Mill (Hemingford Road, Cambridge), the Arthur Rank Hospice (adjacent to the Babraham Road Park & Ride) or any of the Charities' shops. Forms will also be available from The Cambridge Building Society branches across the county from August 2018.

Prices are £18 per adult, or £20 on the day. Children are free of charge when accompanied by a paying adult. Groups of friends, families or work colleagues are also welcome and special rates of £15 per person within a group of 10 or more are available until Friday 7th September (for groups call Arthur Rank Hospice Charity on 01223 675888).

...interesting...

Due to the extremely warm weather in the summer of 2013, several nuclear power plants across the world, including ones in Japan, Israel and Scotland, were forced to close down because of a sudden increase in the population of Jellyfish. The mass amounts of Jellyfish clogged the filters that draw seawater into the power plants in order to cool down their reactors!

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...interesting...

Nokia was originally founded in 1865 as a paper printing company. Aptly, this was one of the world's most used methods of long-distance communication!



— VILLAGE HALL —

01954 782892

Bar Hill Preschool is open 9am–3pm Monday to Friday, term time for children aged 2–5 years. We offer sessions through the Early years funding scheme, funded two's and accept childcare vouchers.

Our ethos is to ensure high quality care by focussing on each child's ability and interests, providing fun and exciting activities that children learn and develop skills through play in a safe and inviting environment.

Our keyperson and buddy system ensures every child is well supported by qualified practitioners who have a wealth of experience. We work in partnership with parents and our online learning journal supports this by providing families with regular information on the child's development and next steps identified, parents can upload evidence from home too and add their own comments.

Our inside area provides views across the village green in a inviting and welcoming atmosphere. Children can access toys and equipment independently. Skills are developed through activities and routines eg children help to prepare snack with safety knives and learn about how to stay healthy. Lunch clubs are a social time and adults sit at tables with children while they eat own packed lunch, encouraging friendships and social skills.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to exploring the mud kitchen, large sand pit and our sensory garden.

We welcome visitors from the local community that support our curriculum further.

Interested? You can find out more information on our website www.barhillpreschool.co.uk or call us on 01954 782892 to book an informal visit or for an application form.

**BUS SERVICE 1A BETWEEN
BAR HILL AND ST IVES**



Dews Coaches run a weekday bus service, number 1A, between Bar Hill and St Ives. There are stops in Fenstanton.

This service is subsidised by Cambridgeshire County Council until summer 2018, and to keep it running we need to support it. Older persons' bus passes are accepted.

The timetable is as follows:

- Departures from bus stop near Tesco at 07.52, 09.43, 10.43, 11.43, 12.43, 13.43, 15.43 and 17.03.
- Return from St Ives bus station at 09.18, 10.18, 11.18, 12.18, 13.18, 15.18 and 16.18.

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— COUNTY COUNCILLOR'S REPORT —

The first two paragraphs of last month's report caused two people to contact me and a few more to discuss on social media. Having re-read what I wrote for the Bar Hill News, I regret any lack of clarity. It was intended as a compliment to Bar Hill residents and reflected accurately on the number of those who had contacted me in the previous month about A14 issues. I am the first to acknowledge that people are fed up with the work and that you all have justifiable reasons for complaining. I have great respect for residents of Bar Hill as you contend on a daily basis with the trials and tribulations of a project that so many will benefit from whilst not having to suffer as you do. My report was certainly not intended to cause upset and I regret that this has been the case for some of those who read it.

Please do contact me direct with your concerns and questions about the A14 or any other issue. I really appreciate hearing your views. This month I have spent time with a very knowledgeable resident talking about how to run better bus services and will be feeding back to County Officers on some of his thoughts. Picking up on local concerns and having experienced myself the dust being generated by the A14 works, I have been working with Highways England and Environmental Health Officers to ensure that every possible precaution is being taken to control this particularly in the current extremely hot and dry weather.

I hope you will all be able to enjoy some time in the sun over the next few weeks. Please don't forget the sunscreen!

Lynda

lyndaharford@icloud.com; 01954 251775/07889 131022;

Follow me on Twitter: @2whit2whoo.

— ARTHUR RANK FETE —

436 visitors enjoyed all the fun of a traditional summer fete in Arthur Rank Hospice's grounds and gardens on Saturday 7th July, where £4,275 was raised!

The Hospice's Bistro hosted all kinds of stalls from a children's toy store to bric-a-brac, jewellery to homemade cards, puzzles to plants. There was an amazing array of prizes on offer in the Raffle and outside, the Hospice gardens' became a kid-friendly kingdom of face-painting and traditional village fete games many of which (along with equipment and prizes) were very kindly provided by Bidwells (Trumpington). Hot dogs and beef burgers were served up by the Hospice's catering team, thanks to a generous donation of BBQ-meats from Barker Bros Butchers (Great Shelford); and ice creams were available to purchase from Toni's Ices who kindly donated a percentage of their profits from the day.

Whilst the Team Arthur Challengers party took place in the Education & Conference Centre, kids enjoyed soft play in our physiotherapy gym; there was a flower arranging workshops; an appearance from Arthur Bear and beautiful music from Jazz Wave Jazz Band, Big Ron Tee and Arthur Rank Hospice's own choirs -Sister Shed & Sky Larks – floating out from the Day Therapy lounge.

Local community groups and organisations shared and helped publicise the event, with Martin & Co's advertising boards translating into £750 towards the total funds raised.

...did you know...

'W' is the only letter in the English alphabet to have more than one syllable?

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SAFETY GUIDELINES ON AIRGUN SHOOTING

As with any type of shooting, safety is a top priority, especially given the likelihood of other people being close by when you are in the garden. Airguns are relatively low-powered compared with other guns, which is one of the reasons they lend themselves to backyard practice, but they still have the potential to cause a life-wrecking accident. Unless you live in the middle of nowhere, you will have to consider your neighbours.

No matter whether your garden is in a remote and well-enclosed location or, behind a row of terraced houses and separated from neighbours by little more than flimsy fencing panels, you will be breaking the law if a single pellet strays beyond your boundary. You also need to make sure you don't cause a noise nuisance.

The best way to minimise conflict with neighbours is to tell them what you are doing before you start shooting, and outline the precautions you will be taking.

Ensure that shots are taken in the safest possible direction and avoid setting up anywhere that features an unlocked downrange access point.

Before you start shooting, make sure that everyone in your home knows that the garden is a no-go area until you have finished. Children and dogs need to be kept safely out of the way. Most airgun shooters use telescopic sights, which can have a blinding effect at what is potentially the most dangerous time, so it is vital to eliminate all risk of people or pets straying in front of the gun.

At no point should the gun be left unattended — even if it is unloaded and deemed to be safe.

Stopping pellets from travelling beyond the intended target is vital, otherwise you could be breaking the law. Don't ever use wood as a backstop. Its fibrous nature means it can cause dangerous and unpredictable ricochets, often sending pellets back in the direction of the shooter.

The best backstop to halt airgun pellets without risk of ricochet is a wall of brick, stone or concrete. On meeting with solid resistance, lead pellets are left with scant energy to bounce even a foot or two. This will keep spent pellets within the confines of your boundary, and keep you on the right side of the law. If you do not have a wall in the right place, large paving slabs can be used to create the same effect and can be easily moved around.

It is an offence to fire an air rifle pellet beyond the land where you have permission to shoot. Where someone under the age of 14 is shooting, both the young person and the supervising adult can be prosecuted.

It is also against the law, in England and Wales, to fire an air rifle within 50 feet of the centre of a highway if this results in someone being injured, interrupted or endangered.

These offences could be committed, for example, when someone is shooting in their garden close to a road and the pellets ricochet onto the highway or in your neighbour's garden.

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NHS 70th Birthday — on 5th July this year the National Health Service celebrated its 70th birthday.

The NHS was launched on 5th July 1948 by Aneurin Bevan who was the Health Secretary at the time. The last 70 years have seen huge changes in medicine, from heart transplants and the eradication of diseases like polio to advances in the way we treat cancer, enabling people to live longer lives.

There's a whole range of celebrations being planned to celebrate the platinum anniversary of the NHS and a dedicated website, www.nhs70.nhs.uk has been set up where you can find out about how you can get involved.

Coping in hot weather — advice — heatwaves can be dangerous, especially for the very young or very old, or those with chronic disease. If you are worried about what to do, either for yourself or somebody you know who you think might be at risk, for advice go to NHS Choices at www.nhs.uk/summerhealth, or call **NHS 111**.

Stay out of the sun. Keep your home as cool as possible — shading windows and shutting them during the day may help. Open them when it is cooler at night. Keep drinking fluids. If there's anybody you know, for example an older person living on their own, who might be at special risk, make sure they know what to do.

Further information can be found <https://www.nhs.uk/live-well/healthy-body/heatwave-how-to-cope-in-hot-weather>

All set for Summer? Summer-related minor illness and injuries such as hay fever, bites and stings and travel sickness can all be easily treated with medicines available to buy at low cost from your local pharmacy or supermarket — no GP prescription required.

Summer essentials include:

- ✓ Antihistamines or nasal sprays for allergies, hay fever, bites and stings
- ✓ Sunscreen at least factor 15
- ✓ Diarrhoea and constipation relief medication
- ✓ Painkillers, such as paracetamol or ibuprofen
- ✓ Travel sickness medication
- ✓ First aid kit

Having these summer essentials at hand will not only save you time, but help save the NHS much needed resources. For more information about common illnesses and injuries or to find your nearest pharmacy and opening times visit www.nhs.uk

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— NEWSLETTER FROM HEIDI ALLEN MP —

As I write, the sun seems to have been shining for weeks and the England football team have made it to the World Cup semi-finals.

In my last newsletter, I explained the action I had been taking to respond to the appalling train service being provided by GTR trains. I have continued to keep the pressure on GTR and the Department for Transport – I have raised further questions in the House, including raising the issue at Prime Minister's Questions and just last week questioning the Rail Minister again about the chaos. My website – <https://www.heidisouthcambs.co.uk/gtr> – has a dedicated page on the GTR issues and continues to be updated regularly with new information.

Details of the compensation being offered to passengers are being announced. The compensation will be designed to refund season ticket holders up to one month where they have suffered severe disruption. This is what I called for in my question in the House in early June as soon the problems became apparent.

However as the chaos has continued for far longer than we could have anticipated, I have been asking for more than that. I believe it must also compensate non season ticket holders and factor in the consequential loss suffered by commuters, such as increased parking charges, taxi fares etc. Along with other MPs, I have written to GTR and I am also in touch with the Office of Road and Rail.

Last month, I was pleased to meet with local farmers and the National Farmers Union to talk through a number of issues. Agriculture is such a vital part of our local economy, so when Government launches the new Agriculture Bill shortly to shape farming outside of the EU – it must listen to the needs of our farmers. They play a critical role in producing our food, looking after the environment and supporting our rural economy.

I'm also working to find a way to amend the law to strengthen police powers to deal with hare coursing. This crime is abhorrent and devastating for those affected and the current legislation is out of date and no longer fit for purpose.

Looking ahead, I'll be meeting with Royal Papworth Hospital to discuss the future use of the site after they move to Addenbrooke's. I know this remains an important issue for people in the village and I'm keen to discuss all the options for the future use of the site with them. I'll provide an update on this in my next newsletter.

My next "drop in" surgery will be on Saturday 4th August (11am–1pm) at Steeple Morden Village Hall, 29 Hay Street, Steeple Morden SG8 0NQ where no appointment will be necessary. The next by-appointment surgery will be at Barrington (venue will be confirmed on my website) on the 7th September between 3–5pm. If you would like an appointment, please give my office a call on 01223 830037.

More details can be found here: <https://www.heidisouthcambs.co.uk/residents-drop-surgeries>
In the meantime, if you would like to contact me, please email heidi.allen.mp@parliament.uk or call my office.

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— AUGUST BULLETIN — CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Cambridgeshire residents have been urged to stay fire safe when outdoors this summer.



With temperatures hitting significant highs, fires in open areas of land can easily spread and become out of control. Events north of the country, with significant moorland fires at Saddleworth Moor and Winter Hill, have shown

how these fires quickly spread and take hold of open areas of land.

Group Commander Kevin Napier, head of community fire safety at Cambridgeshire Fire and Rescue Service, said: "We want to help ensure that people enjoy the sunny weather while it's here safely. High temperatures and dry areas of land can be perfect conditions for a fire to spread. Something as simple as not stubbing a cigarette out properly, or using a disposable barbecue on grass, can start a fire that can develop quickly."

There are seven simple steps we urge residents to take to help prevent an outdoor fire:

1. Ensure cigarettes are completely out
2. Do not throw cigarettes out of car windows onto grass verges or vegetation
3. Put disposable barbecues on bricks, do not place directly on grass
4. Do not leave glass bottles lying on the ground, the sun's rays reflect through the glass and can start a fire
5. When camping, do not leave campfires unattended and make sure it is completely out before you leave it
6. Use barbecues on a hard, flat surface, away from grass, shrubs or fencing
7. Talk to your children about the dangers of starting a fire.

For the latest news, incidents and safety advice, or to contact us, log on to www.cambsfire.gov.uk. Sign up to email alerts and find us on Twitter, Instagram, YouTube and Facebook.

— STORYTIME —

Stories and pictures, rhymes, songs and craft activities
Small children are invited to Storytime at Bar Hill Library at 10.30am. Sessions will start again on 8th September.

Storytime is open to children of pre-school age (accompanied by an adult) and their older brothers and sisters. This free event introduces young children to their local library and reveals to them what is to be gained from learning to read. There is no need to book a place; just come along.

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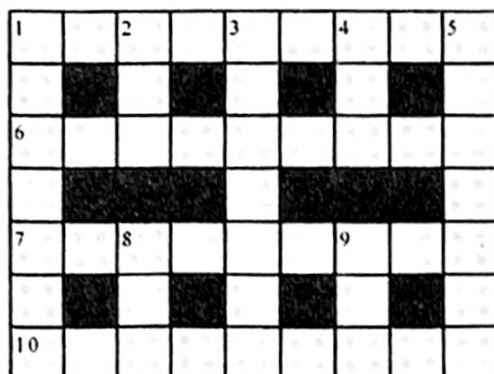
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— AUGUST CROSSWORD —

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— BIN COLLECTION —

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6th September	black
13th September	green and blue
20th September	black
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— THE ALLOTMENT SOCIETY —



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Holiday@Home		
Community Market	Karen Austen	01954 781085
Conservative Party	Iris Lay	01954 205265
County Councillor	Lynda Harford	01954 251775
		07889 131022
Councillor, Parish Council,	Bunty Waters	01954 201421
Residents' Association,		07734 690580
Bar Hill News Advertising		
Councillor, Parish Council,	Roger Hall	01954 780304
Residents' Association		
Happy Hours	Anne Plumb	01954 780364
Health Walks	Josephine Powell	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	Office	01223 830037
Office address:	Broadway House, 149-151 St Neots Road, Hardwick CB23 7QJ	
Liberal Democrat Party	Andy Pellew	07814 871752
Library – renewals & enquiries		0345 0455225
GP Surgeries	Maple	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Over Day Centre	Hayley Smith, Manager	01954 231807
Parish Council Office	Sue Bell, Parish Clerk	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion,	Wendy Arrowsmith	01954 781381
Health & Wellbeing at Tesco		
Samaritans		01223 364455
Swavesey Village College		01954 230366

— AUGUST PUZZLE —

Form nine, nine letter REPTILES, in groups of three letters. In alphabetical order.

A	D	R	E	N	O	L	I	S				I	G	A			
A	L	L	E	O	N	M	E	L				I				O	
A	N	G	G	A	L	M	S	L				O				A	
B	L	I	H	A	M	N	D	W				A				E	
B	O	O	H	A	W	O	R	M					C	O	D		
C	H	A	I	G	A	S	P	H				L				W	
C	O	D	I	L	E	T	O	R				M				Y	
C	R	O	I	L	L	W	A	P				W				I	
D	O	N	K	S	B	Y	A	D					E	N	O		

Solution for July: Adephegia, Charybdis, Demphredo, Epiphanes, Ganymedes, Hippolyta, Limoniads, Melopomene, Oceanides.

SEWING SERVICE



If you have a sewing job you can't face, call Lyn on 01954 201113.

NOTICE – PARKING

Please report any concerns regarding inconsiderate parking direct to the Police on <http://tinyurl.com/SouthCambs-Parking>

Just state village, street, and the nature and effect of the problem including vehicle registrations, dates, times, paths, verge, etc. and press submit – Thank you.

— EVENTS CALENDAR —

date	event	where	time
Throughout August	many events at RSPB Fen Drayton Lakes (page 1)		
2 August	NWR – What's in the News? (page 3)		8pm
4 August	80's Disco Night (page 8)	BHSSC	8pm
6 August	Happy Hours – "A Day at the Seaside" (page 3)	Octagon	11am–3pm
11 August	Cricket match v Cambridge St Giles (page 4)	Village Green	
11 August	Dog Racing night in aid of Youth Cricket Club (page 8)	BHSSC	
14 August	Health and Wellbeing Club (page 3)	Tesco	2–4pm
14 August	Dry Drayton W. I. (page 8)	D.D. Village Hall	2.30pm
16 August	NWR – Biscuits and their history (page 3)		8pm
18 August	Cricket match v Histon (page 4)	Village Green	
21 August	Bar Hill Book Club (page 3)	Village Hall	7.30pm
25 August	Cricket match v Haslingfield (page 4)	Village Green	
30 August	NWR – Do you want to live to be 100? (page 3)		8pm
1 Sept	40th anniversary Fun Day (page 8)	Village Hall	1pm-late
3 Sept	Happy Hours returns (page 3)		
3 Sept	Sing It Out Choir returns (page 1)	Octagon	7.30pm

JH FITNESS ACADEMY

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MISSING CAT – TREACLE

Fluffy ginger and white cat, white nose with a cornflake shaped ginger mark. Very friendly and very loud. Please call Kate on 07740 199496 if you think you've seen him.

— BAR HILL POST OFFICE —

We are located in Bar Hill Library, open 9–5.30pm Monday to Friday and 9–12.30pm Saturday.

We offer Royal Mail and ParcelForce services for all your posting needs. Ask our friendly, helpful staff for advice to make sure you're using the right service.

Also available:

- Car Tax • Bill payments; • Banking services – cash/cheque deposits for all High Street Banks; • FREE cash withdrawals; • Foreign Currency – Euros in stock – other currency available to order with next day delivery; • Moneygram – safely send money abroad/UK; • Gas and Electricity key/card top-ups; • Mobile phone top-ups; • One 4 All Multi-store Gift Cards; • National Lottery, EuroMillions & Scratchcards; • Stationery and posting/packaging items; • Cards and wrapping paper for all occasions; • Helium Balloons;
- Basic shop items; • Sweets and chocolate; • Cold drinks; • Daily Newspapers – reserve your paper for Collection.

NEW – Vaping Products, Ice Creams

PLEASE SUPPORT YOUR LOCAL POST OFFICE

– ☺ thank you ☺ –

Little Kickers

Approved football training for kids aged 18 months to their 7th birthday.

Classes are running at Bar Hill Village Hall and all around Cambridgeshire.

For information, or to arrange a **free** taster class, contact Ashley at Little Kickers South and East Cambridgeshire on:

T: 07928 765121; E: ajordan@littlekickers.co.uk.

W: www.littlekickers.co.uk.

Facebook: www.facebook.com/LKCambridgeshire.

— INDOOR CARPET BOWLS —

We are a mixed group who meet in the school on Friday evenings during term time from 7.30–10.00pm with a ½-hour break for refreshment – all for £1.50 each evening you play.

We do not play in any leagues so even if you have never played before do not be put off. Why not come along and join us on any Friday evening with your 1st session being free?

We look forward to welcoming you.

If you require any further details please contact Barbara on 01954 204171.